

# Fit Testing for Emergency Medical Services (AHEMS)

## When Fit Testing is Required:

### 1. Allina Health Fit-testing Guidelines:

- Confirm that your student discipline / site is required to have fit-testing done. See #2 below. If in question, school should confirm with unit leader.
- Fit testing is required every 12 months at Allina Health. If you have not been fit-tested at Allina within 12 months of the rotation start date, or your rotation extends beyond when the 12-month expiration is up, you must create a plan to be fit tested to be compliant.
- If fit-testing is needed, follow directions in #4 below.
- At the clinical site, students should wear the N95 respirator to which they were fit tested.

### 2. Some students will be required to undergo fit testing for N95 respirators. These student roles **WILL BE** required to undergo fit testing:

- Nursing students
- Student Registered Nurse Anesthetists (SRNA)
- Respiratory Therapy students
- Surgical Technician students
- Nurse Practitioner, Physician Assistant and Medical students
- Paramedic and EMT students
- Other students determined by site safety leads in collaboration with department leaders for students with potential for direct patient contact (e.g., Radiology and CV Diagnostic students, Social Work, Rehab: Physical Therapy, Occupational Therapy, Speech Therapy students; students in ICU, OR, ED, and other roles as determined with site safety leads).
- Student types that do not need fit testing: Sterile Processing, Project Students, or fully virtual.

### 3. Students who will or may need to be fit tested must review the following:

- Arrive 5-10 minutes before start time of session. Those arriving late may be required to reschedule.
- Do not eat, drink or chew gum for at least 30 minutes prior to testing.
- Expect to spend 30 – 60 minutes.
- Facial hair will interfere with fit testing. **Do not attend fit testing with facial hair growth. Contact site safety lead for directions.**
- Wearing of make-up to fit testing is discouraged.

### 4. For the Student types listed above, follow the steps below to schedule fit testing:

- Make sure you have completed your Respirator Questionnaire and submitted to [sniohealth@allina.com](mailto:sniohealth@allina.com) at least a week prior to fit-testing.
- Contact below to schedule or for determining fit-testing need.

Site	Site Safety Lead
AHEMS	<a href="mailto:Kyle.Kiminski@allina.com">Kyle.Kiminski@allina.com</a>