

Fit Testing for Cambridge Medical Center*

*If you are attending one of the clinics – Please follow the: [Allina Health Clinics \(AHC\) Fit-Testing](#) guide. The following is for the hospital only.

When Fit Testing is Required:

1. Allina Health Fit-testing Guidelines:

- Confirm that your student discipline / site is required to have fit-testing done. See #2 below. If in question, school should confirm with unit leader.
- Fit testing is required every 12 months at Allina Health. If you have not been fit-tested at Allina within 12 months of the rotation start date, or your rotation extends beyond when the 12-month expiration is up, you must create a plan to be fit tested to be compliant.
- If fit-testing is needed, follow directions in #4 below.
- At the clinical site, students should wear the N95 respirator to which they were fit tested.

2. Some students will be required to undergo fit testing for N95 respirators. These student roles **WILL BE** required to undergo fit testing:

- Nursing students
- Student Registered Nurse Anesthetists (SRNA)
- Respiratory Therapy students
- Surgical Technician students
- Nurse Practitioner, Physician Assistant and Medical students
- Paramedic and EMT students
- Other students determined by site safety leads in collaboration with department leaders for students with potential for direct patient contact (e.g., Radiology and CV Diagnostic students, Social Work, Rehab: Physical Therapy, Occupational Therapy, Speech Therapy students; students in ICU, OR, ED, and other roles as determined with site safety leads).
- Student types that do not need fit testing: Sterile Processing, Project Students, or fully virtual.

3. Students who will or may need to be fit tested must review the following:

- Arrive 5-10 minutes before start time of session. Those arriving late may be required to reschedule.
- Do not eat, drink or chew gum for at least 30 minutes prior to testing.
- Expect to spend 30 – 60 minutes.
- Facial hair will interfere with fit testing. **Do not attend fit testing with facial hair growth. Contact site safety lead for directions.**
- Wearing of make-up to fit testing is discouraged.

4. For the Student types listed above, follow the steps below to schedule fit testing:

- Make sure you have completed your Respirator Questionnaire and submitted to sniochealth@allina.com at least a week prior to fit-testing.
- Contact below to schedule or for determining fit-testing need.

Site	<i>Site Safety Lead</i>
https://outlook.office365.com/owa/calendar/FitTestingBUFCAM@allinahealth1com.microsoftonline.com/bookings/	Tia.Kvidera@allina.com