

## Fit Testing for Faribault Medical Center

## When Fit Testing is Required:

- 1. Allina Health Fit-testing Guidelines:
  - Confirm that your student discipline / site is required to have fit-testing done. See #2 below. If in question, school should confirm with unit leader.
  - Fit testing is required every 12 months at Allina Health. If you have not been fit-tested at Allina within 12 months of the rotation start date, or your rotation extends beyond when the 12-month expiration is up, you must create a plan to be fit tested to be compliant.
  - If fit-testing is needed, follow directions in #4 below.
  - At the clinical site, students should wear the N95 respirator to which they were fit tested.
- 2. Some students will be required to undergo fit testing for N95 respirators. These student roles *WILL BE* required to undergo fit testing:
  - Nursing students
  - Student Registered Nurse Anesthetists (SRNA)
  - Respiratory Therapy students
  - Surgical Technician students
  - Nurse Practitioner, Physician Assistant and Medical students
  - Paramedic and EMT students
  - Other students determined by site safety leads in collaboration with department leaders for students with potential for direct patient contact (e.g., Radiology and CV Diagnostic students, Social Work, Rehab: Physical Therapy, Occupational Therapy, Speech Therapy students; students in ICU, OR, ED, and other roles as determined with site safety leads).
  - Student types that do not need fit testing: Sterile Processing, Project Students, or fully virtual.
- 3. Students who will or may need to be fit tested must review the following:
  - Arrive 5-10 minutes before start time of session. Those arriving late may be required to reschedule.
  - Do not eat, drink or chew gum for at least 30 minutes prior to testing.
  - Expect to spend 30 60 minutes.
  - Facial hair will interfere with fit testing. Do not attend fit testing with facial hair growth. Contact site safety lead for directions.
  - Wearing of make-up to fit testing is discouraged.
- 4. For the Student types listed above, follow the steps below to schedule fit testing:
  - Make sure you have completed your Respirator Questionnaire and submitted to <u>sniocchealth@allina.com</u> at least a week prior to fit-testing.
  - Contact below to schedule or for determining fit-testing need.



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