

Brain Tumor Support Group

Why support groups:

The Givens Brain Tumor Center offers a free support group for adult brain and spinal cord tumor patients, and their adult caregivers. Support groups are a safe place to talk about emotions and difficult subjects, and group members develop a sense of community through shared experiences. People feel understood, supported, and accepted by other members, which can increase their ability to cope. Please join us for a time of connection, support, and education.

When:

Second Thursday of Every Month
Beginning October 12, 2023
5:30 - 6:30pm

How:

Support group will be held as virtual sessions via Microsoft Teams. Instructions will be e-mailed to you the week prior to each session. Three types of support group sessions will be offered and will rotate throughout the year. These sessions include: patient and caregiver together with a 15 minute educational topic, patient only, and caregiver only.

**Please RSVP for our Support Group via email:
GivensBrainTumorCenter@allina.com
Or call for more information: 612-863-3732**