

Perinatal Palliative Care Program

Leading the Program



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Perinatal palliative birth planning

A perinatal palliative care program that is the first of its kind in the region is now available through Midwest Fetal Care Center and Minnesota Perinatal Physicians.

We provide specialized support to expectant families facing a potentially life-threatening or life-limiting fetal diagnosis. This support is often referred to as palliative care, and it includes the services of experts in multiple disciplines, working together to meet each family's unique needs. Care is individualized to support families throughout pregnancy and after birth.

Team members from this multidisciplinary approach may include: maternal-fetal medicine specialists, pediatric palliative care providers, advanced practice registered nurses (APRNs), genetic counselors, fetal care coordinators, clinical ethicist, and social workers. Learn more about our perinatal palliative care program from our fetal care coordinator.

How to refer:

- Referrals are made by primary care providers to either Midwest Fetal Care Center or Minnesota Perinatal Physicians.
- To refer a patient to Midwest Fetal Care Center, call 855-693-3825.
- To refer a patient to Minnesota Perinatal Physicians, please complete the referral form and fax it to 612-863-5697. The form is located on the program web page at childrensmn.org/fetal-medicine

For further assistance please reach out to Midwest Fetal Care Center by phone or email

- MWFetalCare@allina.com
- 855-693-3825