

Patient's Name: _____, Room #: _____							
Mercy at Unity Campus 2 East Patient Schedule							
TIME:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-9:00	Breakfast *** Med Pass	Breakfast *** Med Pass	Breakfast *** Med Pass	Breakfast *** Med Pass	Breakfast *** Med Pass	Breakfast *** Med Pass	Breakfast *** Med Pass
9:00-9:40	Community Meeting (PCT Led) *** *Multi-Disciplinary Team	Community Meeting (PCT Led) *** *Multi-Disciplinary Team	Community Meeting (PCT Led) *** *Multi-Disciplinary Team	Community Meeting (PCT Led) *** *Multi-Disciplinary Team	Community Meeting (PCT Led) *** *Multi-Disciplinary Team	Community Meeting (PCT Led)	Community Meeting (PCT Led)
9:45-10:30	Primary Group, Part 1 (LADC Led)	Primary Group, Part 1 (LADC Led)	Primary Group, Part 1 (LADC Led)	Primary Group, Part 1 (LADC Led)	Primary Group, Part 1 (LADC Led)	Primary Group, Part 1 (LADC Led)	Grief/ Loss Group (LADC Led)
10:35-11:30	PTSD/Trauma Lecture (Psychologist Led)	Primary Group, Part 2 (LADC Led)	10:35:-11:30 Medication Man. Group (Pharm.d Led)	Primary Group, Part 2 (LADC Led)	"Ask the Doctor" (MD Led)	Primary Group, Part 2 (LADC Led)	Recovery Skills Group (LADC Led)
11:35-12:30	Recreational Therapy (CTRS Led)	Yoga (CEP/RYT Led)	Occupational Therapy (OT led)	Occupational Therapy (OT led)	Music Therapy (MT-BC led)	Recreational Therapy (CTRS led)	Occupational Therapy (OT led)
12:35-1:15	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:20-2:10	Primary Group, Part 2 (LADC Led)	Co-Occurring Psychotherapy/ Education (A) (Psychologist Led) **or** Integrative Medicine Lecture (MD Led)	Primary Group, Part 2 (LADC Led)	Co-Occurring Psychotherapy/ Education (A) (Psychologist Led) **or** Spirt. Group (Chaplain Led)	Primary Group, Part 2 (LADC Led)	Mindfulness Group (LADC Led)	(1:00-3:00) Visiting Hours
2:15-3:00	Co-Occurring Psychotherapy/ Education (A) (Psychologist Led) **or** Transtheoretical Model of Change Lecture (LADC Led)	Co-Occurring Psychotherapy/ Education (B) (Psychologist Led) **or** Coping Skills Group (LADC Led)	Co-Occurring Psychotherapy/ Education (A) (Psychologist Led) **or** Emotional Regulation Group (LADC Led)	Smoke Cessation (RN Led)	Co-Occurring Psychotherapy/ Education (A) (Psychologist Led) **or** Anger Management Group (LADC Led)	Pet Therapy (Volunteer Services)	Family Educ./Lectures (LADC Led)
3:05-3:40	Meal Plan/ Free Time	Meal Plan/ Free Time	Meal Plan/ Free Time	Meal Plan/ Free Time	Meal Plan/ Free Time	Meal Plan/ Free Time	Meal Plan/ Free Time
3:45-4:35	Co-Occurring Psychotherapy/ Education (B) (Psychologist Led) **or** Anxiety Disorder Lecture (LADC Led)	Gender Group (LADC Led)	Co-Occurring Psychotherapy/ Education (B) (Psychologist Led) **or** Personality Disorder Lecture (LADC Led)	Co-Occurring Psychotherapy/ Education (B) (Psychologist Led) **or** Psychosis /ADHD Lecture (LADC Led)	Co-Occurring Psychotherapy/ Education (B) (Psychologist Led) **or** Depression/Bipolar Lecture (LADC Led)	RN Education (RN Led)	Sexually Transmitted Disease Lecture (RN Led)
4:40-5:15	Walk/Free Time	Walk/Free Time	Walk/Free Time	Walk/Free Time	Walk/Free Time	Walk/Free Time	Walk/Free Time
5:15-5:50	Medication Pass	Medication Pass	Medication Pass	Medication Pass	Medication Pass	Medication Pass	Medication Pass
5:50-6:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:35-7:25	Relapse Prevention Group (LADC Led)	(6:30--8:30) Visiting Hours	Spiritual Group 1 (Chaplain Led)	The Changing Cognitions Lecture (LADC Led)	Counselor Choice Education (LADC Led)	Reflection time	Reflection time
7:30-8:30	Recovery Speaker **or** 12 Step Study (Comm. Volunteer)		Spiritual Group 2 (Chaplain Led)	Recovery Speaker **or** 12 Step Study (Comm. Volunteer)	Meaningful Movie (PCT Led)	Recovery Speaker **or** 12 Step Study (Comm. Volunteer)	Recovery Speaker **or** 12 Step Study (Comm. Volunteer)
8:30-9:00	Medication Pass	Medication Pass	Medication Pass	Medication Pass	Medication Pass	Medication Pass	Medication Pass
9:00-10:30	Daily Reflections	Daily Reflections	Daily Reflections	Daily Reflections	Daily Reflections	Daily Reflections	Daily Reflections
10:30	Patients in Room	Patients in Room	Patients in Room	Patients in Room	Patients in Room	Patients in Room	Patients in Room
MD/NP Provider: _____ Primary Counselor: _____							
Co-Occurring Group: _____ Primary Group: _____							
* Multi-Disciplinary Team includes Medical Doctors, Nurse Practitioners, Pharm.d.'s, Licensed Psychologists, Register Nurses, Occupational Therapist, Recreational Therapists, Licensed Alcohol Drug Counselors and Spiritual Care.							
**Phones and television available during all free times.							